

ST. FRANCIS XAVIER SCHOOL			FEBRUARY BREAKFAST MENU			At least 80% of grains served are whole grain rich (WGR). The remaining grains are enriched.			
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Catholic Schools Week 30		31		1		2		3	
Mini Waffles		Muffin and Yogurt		Powdered Sugar Donut Holes		Mini Cinnamon French Toast		Breakfast Pizza	
Syrup (Optional)		(Banana, Chocolate, Apple Cinnamon)				Syrup (Optional)			
Fruit/Fruit Cup		Fruit/Fruit Cup		Fruit/Fruit Cup		Fruit/Fruit Cup		Fruit/Fruit Cup	
Apple or Orange or Grape Juice		Apple or Orange or Grape Juice		Apple or Orange or Grape Juice		Apple or Orange or Grape Juice		Apple or Orange or Grape Juice	
Milk		Milk		Milk		Milk		Milk	
6		7		8		9		M/W 3 yr. old PS too! 10	
Mini Pancakes		Sausage, Eggy Patty		Long John Donut		Pumpkin or Banana Bread		Mini Cinni	
Syrup (Optional)		with bagel				Yogurt			
Fruit/Fruit Cup		Fruit/Fruit Cup		Fruit/Fruit Cup		Fruit/Fruit Cup		Fruit/Fruit Cup	
Apple or Orange or Grape Juice		Apple or Orange or Grape Juice		Apple or Orange or Grape Juice		Apple or Orange or Grape Juice		Apple or Orange or Grape Juice	
Milk		14		Milk		Milk		Milk	
13		Valentine's Day 14		15		16		17	
Breakfast Pizza		Powdered Sugar Donut Holes		Muffin and Yogurt					
				(Banana, Chocolate, Apple Cinnamon)					
						NO SCHOOL		NO SCHOOL	
Fruit/Fruit Cup		Fruit/Fruit Cup		Fruit/Fruit Cup					
Apple or Orange or Grape Juice		Apple or Orange or Grape Juice		Apple or Orange or Grape Juice					
Milk		Milk		Milk					
20		21		Ash Wednesday 22		23		Lent 24	
		Mini Pancakes		Mini Cinni		Long John Donut		Pumpkin or Banana Bread	
		Syrup (Optional)						Yogurt	
NO SCHOOL									
		Fruit/Fruit Cup		Fruit/Fruit Cup		Fruit/Fruit Cup		Fruit/Fruit Cup	
		Apple or Orange or Grape Juice		Apple or Orange or Grape Juice		Apple or Orange or Grape Juice		Apple or Orange or Grape Juice	
		Milk		Milk		Milk		Milk	
27		28		March 1		March 2		Lent March 3	
Muffin and Yogurt		Breakfast Pizza		Powdered Sugar Donut Holes		Mini Cinnamon French Toast		Mini Waffles	
(Banana, Chocolate, Apple Cinnamon)						Syrup (Optional)		Syrup (Optional)	
Fruit/Fruit Cup		Fruit/Fruit Cup		Fruit/Fruit Cup		Fruit/Fruit Cup		Fruit/Fruit Cup	
Apple or Orange or Grape Juice		Apple or Orange or Grape Juice		Apple or Orange or Grape Juice		Apple or Orange or Grape Juice		Apple or Orange or Grape Juice	
Milk		Milk		Milk		Milk		Milk	

Cereal Bars/toast OR Cereal/toast are available as an alternate to the main/hot breakfast item every day!

Pop Tarts/toast will be available as an alternate breakfast entree when available too!

Each meal includes a choice of: 1% white milk or skim chocolate milk

Each breakfast meal MUST include a fruit choice - apple juice, orange juice, grape juice and a variety of other fruit options are available daily!

***Each student can take 2 Fruit choices as part of the reimbursable meal. **At least ONE fruit must be taken.** Only one juice allowed per meal.

This institution is an equal opportunity provider